**Supplemental Material**

**Vector Plot of Pretest-to-Posttest Changes for Observed Composite Scores**

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*Note.* Shown are composite scores, aggregating drift rates across all tasks and masking time conditions and WM performance across the three practiced tasks. Lines pointing (with their arrowhead ends) towards a “North-East” direction indicate common change (as for those participants, both, WM and drift rate do increase from pre- to posttest).